

# November is National Family Literacy Month



## How many people in your family have dimples?

Lots of things including:

- ✓ dimples
- ✓ freckles
- ✓ eye color
- ✓ cleft chin
- ✓ curly hair
- ✓ and more

are inherited, or passed down through your genes from your biological mother and father.

**You can also inherit health conditions through genes.**

**Writing down a history of the health issues in your family is a great way to get a head start on wellness for your whole family.**