Activate, Collaborate, and Educate: Health Outreach and Programming in Your Community

Resource List

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Who are we?

- National Institutes of Health nih.gov
- National Library of Medicine nlm.nih.gov
- National Network of Libraries of Medicine nnlm.gov/regions
- NLM Social Media nlm.nih.gov/socialmedia/index.html
- NNLM MAR Funding Opportunities nnlm.gov/mar/funding
- NNLM Training Schedule nnlm.gov/mar/classes

Introduction to Health Outreach

- Kaiser State Health Facts kff.org/statedata
- County Health Rankings & Roadmaps countyhealthrankings.org
- Health Statistics on the Web nnlm.gov/classes/health-statistics-web
- NNLM Evaluation Office nnlm.gov/neo
- Public Library Association: Marking Strategies bit.ly/2HtSGuD
- American Library Association: Libraries Transform ilovelibraries.org/librariestransform
- Libraries Transform Health Literacy Toolkit ilovelibraries.org/librariestransform/health-literacy-toolkit-intro

Health Information Resources

- MedlinePlus medlineplus.gov
- MedlinePlus - Spanish medlineplus.gov/spanish
- HealthReach healthreach.nlm.nih.gov
- NIH News in Health nih.gov
- KidsHealth.org kidshealth.org
- girlshealth.gov girlshealth.gov
• Young Men’s Health youngmenshealthsite.org
• Center for Young Women’s Health youngwomenshealth.org

Partnerships
• MedlinePlus Organizations medlineplus.gov/organizations/all_organizations.html

Program Resources and Ideas
• NNLM Summer Reading Initiative nnlm.gov/initiatives/summer-reading
• Health Outreach and Programming Resource Guide (NNLM MAR) nnlm.gov/mar/guides/programming-class/ideas
• Engage for Health nnlm.gov/mar/guides/programming-class/engageforhealth
• NLM Exhibition Program nlm.nih.gov/hmd/about/exhibition/index.html
  o NLM Exhibition: Graphic Medicine
  o Education Resources/Lesson Plans
  o Request a Travelling Exhibition
    ▪ Join Exhibitions Connect List
• Graphic Medicine Initiative nnlm.gov/ner/graphic-medicine
• graphicmedicine.org
• NNLM Reading Club [some graphic medicine titles] nnlm.gov/all-of-us/nnlm-reading-club
• National Institute on Aging and NIH Go4Life go4life.nia.nih.gov
• MedlinePlus Healthy Recipes medlineplus.gov/recipes
• Let’s Move in Libraries letsmovelibraries.org
• ALA’s Programming Librarian programminglibrarian.org
• Not Just Deodorant: Teen Hygiene Health Center at the Rockwood Makerspace bit.ly/2TYz3AN
• NNLM Training Schedule nnlm.gov/mar/classes
  o Caring for the Mind: Providing Mental Health Information at your Library
  o More Than a Bandage: Health Information Resources for K-12 Professionals

Additional Resources: Youth Health Issues

Addiction
• NIDA for Teens teens.drugabuse.gov
• Understanding the Opioid Crisis nnlm.gov/classes/understanding-opioid-crisis
• NIDA (National Institute on Drug Abuse) drugabuse.gov
• Get Naloxone Now getnaloxonenow.org

Coping with Violence
• MedlinePlus - Teen Violence medlineplus.gov/teenviolence.html
• APA How to talk to children about difficult news apa.org/helpcenter/talking-to-children.aspx
• ADL: Gun Violence / Family Conversations adl.org/education/resources/tools-and-strategies/table-talk/gun-violence-mass-shootings
Suicide Prevention & Bullying

- [NIH Statistics](nimh.nih.gov/health/statistics/suicide.shtm)
- [SAMHSA School and Campus Health](samhsa.gov/school-campus-health)
- [Find Your Local NAMI](nami.org)
- [National Institute of Mental Health](nimh.nih.gov/index.shtml)
- [Psychologist Locator](locator.apa.org)
- [American Foundation for Suicide Prevention: Risk Factors and Warning Signs](afsp.org/about-suicide/risk-factors-and-warning-signs)
- [National Suicide Prevention Lifeline](1-800-273-TALK (8255))
- [Crisis Text Line](by texting TALK to 741741)
- [National Action Alliance for Suicide Prevention](actionallianceforsuicideprevention.org)
- [National Library of Medicine - Suicide](nlm.nih.gov/medlineplus/suicide.html)
- [StopBullying.gov](stopbullying.gov)
- [NPR 5 Ways To Make Classrooms More Inclusive](npr.org/2018/10/26/659571443/5-ways-to-make-classrooms-more-inclusive)

Other Health Issues: Nutrition, Vaccination, Sports Injuries

- [Vaccines & Immunizations](cdc.gov/vaccines/index.html)
- [Choose My Plate](choosemyplate.gov)
- [HEADS UP to Schools: School Nurses](cdc.gov/headsup/schools/nurses.html)

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