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**800.272.3900 | alz.org®**

**COVID-19 Alzheimer's Association Guidance:**

[\*Emergency Preparedness: Caring for persons living with dementia in a long-term care or community-based care setting\*](#) (attached)

**COVID-19: Tips for Dementia Caregivers**

[https://www.alz.org/help-support/caregiving/coronavirus-\(covid-19\)-tips-for-dementia-care](https://www.alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care)

**24/7 Helpline: 1.800.272.3900**

The Alzheimer's Association Helpline provides free support and guidance to individuals and families impacted by Alzheimer's and other dementias across the country.

- The Alzheimer's Association 24/7 Helpline provides reliable information, education, referrals, crisis assistance, and emotional support to individuals living with the disease, their families, health care professionals and the public.
- The 24/7 Helpline provides support and guidance whenever and wherever people are most comfortable accessing information when they need it most.
- Specialists and master's-level clinicians answer more than 300,000 calls are answered each year, and translation services are available in more than 200 languages.
- Callers are connected to local resources and programs with the local Alzheimer's Association chapter in their area for ongoing support.

**Online Tools**

The ability to connect online for education and support is vital during this time. We have opportunities for families to be able to access our resources and educational programs through virtual opportunities outlined below with brief descriptions and links.

**Online Community Forum: ALZConnected®**

[ALZConnected](#) is a free online community for everyone affected by Alzheimer's or another dementia, including people with disease and their caregivers, friends, family members and neighbors, as well as those who have lost someone to the disease

**Online Education**



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Visit our [Training and Education Center](#) to learn more about Alzheimer's disease, caregiving, healthy living and planning for the future. Examples of available courses include Know the 10 Signs, Effective Communication Strategies, Healthy Living for Your Brain and Body, Legal and Financial Planning, and the Living with Alzheimer's series for caregivers in each stage and for people with Alzheimer's.

### **Virtual Library**

The [Virtual Library](#) is an extension of the Alzheimer's Association Green-Field Library. Search the online catalog, view resources chosen by experts email our librarian questions and learn how to borrow materials

### **Alzheimer's Association and AARP Community Resource Finder**

A comprehensive database, we make it easy for families to find programs and services using the [Alzheimer's Association & AARP Community Resource Finder](#), provides access to listings of local Alzheimer's resources as well as community programs and services, making it easy to search find and access the support you need quickly.

### **Alzheimer's Navigator®**

[Alzheimer's Navigator](#) is an online tool designed for individuals living with Alzheimer's disease, their families and caregivers to help navigate through the questions that come with living with the disease. This tool helps guide you to answers by creating personalized action plans and linking to information, support and local resources.

### **Alzheimer's Association TrialMatch®**

We accelerate clinical studies by connecting healthy volunteers, people with the disease and caregivers to current studies through [Alzheimer's Association TrialMatch®](#), a free, easy-to-use clinical studies matching service.