



Medical Library Association Consumer and Patient Health Information Section's (CAPHIS) Most Trusted Health Websites

General Health

- [MedlinePlus](#) – *MedlinePlus is the National Library of Medicine's comprehensive consumer health information site that provides coverage for many categories included on this list. It is an excellent first choice for consumer health information.*
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [Mount Carmel Consumer Health Information](#)
- [The Ohio State University Wexner Medical Center – "Patient Education"](#)

Alternative and Complementary Medicine (Complementary and Integrative Medicine)

- [Memorial Sloan Kettering Cancer Center – "Integrative Medicine"](#)
- [National Center for Complementary and Integrative Health](#)
- [National Cancer Institute – "CAM"](#)

Drug Information Resources

- [FDA for Consumers page](#)
- [National Library of Medicine – "Drug Information Portal"](#)
- [PillBox](#)
- [Safe Medication](#)

Population Specific

- [U.S. Department of Health and Human Services – Office of Minority Health – "My Health"](#) – *The Office of Minority Health addresses disease prevention, health promotion, risk reduction, healthier lifestyle choices, use of health care services and barriers to health care for racial and ethnic minorities.*

LGBTQ Health

- [National LGBT Health Education Center](#)

Men's Health

- [Merck Manual Consumer Version \(Men's Health Issues\)](#)
- [Urology Care Foundation](#)



Parenting & Kids

- [American Academy of Pediatrics](#)
- [National Institute of Child Health and Human Development](#)
- [Nemours – KidsHealth.org](#)

Senior Health

- [American Geriatrics Society – Health in Aging](#)
- [Centers for Disease Control's Healthy Aging](#)
- [The Family Caregiver Alliance](#)
- [National Institute on Aging](#)

Women's Health

- [The American College of Obstetricians and Gynecologists – “For Patients”](#)
- [U.S. Department of Health and Human Services – Office of Women's Health](#)

Specific Health Conditions

- [American Diabetes Association](#)
- [American Heart Association](#)
- [American Lung Association](#)
- [Asthma and Allergy Foundation](#)
- [National Cancer Institute \(NCI\)](#)
- [National Institute of Diabetes and Digestive and Kidney Diseases \(NIDDKD\)](#)
- [National Eye Institute \(NEI\)](#)
- [National Health, Lung, and Blood Institute \(NHBLI\)](#)
- [National Institute on Arthritis and Musculoskeletal and Skin Diseases \(NIAMS\)](#)
- [National Organization for Rare Diseases](#)
- [National Institute of Mental Health \(NIMH\)](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)