

**NNLM MAR Hospital Services SAG Meeting  
Minutes  
Jan. 28, 2019**

<b>TOPIC</b>	<b>DISCUSSIONS/RECOMMENDATIONS</b>	<b>ACTIONS TO BE TAKEN</b>
<b>Attendees</b>	Bonnie Anton Olivia Glotfelty Tami Hartzell Emily Spinner Jill Tarabula	The meeting came to order at 2PM
<b>Agenda-</b>	Welcome & introduce new member – Jill Tarabula Introduce Erin – NNLM MAR coordinator Funding Info – Applications open Feb. 8 Round Robin – Member Update Michelle MAR update	Jill gave us a brief introduction about herself & institution  Michelle talked about upcoming MAR funding See slides 17 & 18  Erin Seger gave group an overview of pilot project clinical program in a box and ask for feedback. See slide #6 for details & slides #'s 3-16
<b>Member updates -</b>	Round Robin: please share news about what you are doing, institution update, or professional development, outreach programs or anything else you want to share	Members: topic <b>Bonnie Anton:</b> Her hospital is developing a shared – decision making virtual site for patients  <b>Jill Tarabula:</b> is providing research to support MAGNET reaccreditation process, and contributing to the application process. She is also the embedded librarian for UVMHN-CVPH Project ECHO Hep C, providing clinical research support.

		<p><b>Tami Hartzell</b>- developed and initiated nursing research fellowship program. 9 nurses currently enrolled.</p> <p><b>Olivia Glotfelty</b>- her 1<sup>st</sup> published article will be out in May in Medical Reference Quarterly. The subject is her nurse residency program.</p> <p><b>Emily Spinner</b> – developing EB mentorship academy for nurses</p>
<p><b>MAR Update</b></p>	<p>February Class: Feb 20, 2019 12:30PM - 2:00 PM ET <i>Making Sense of Numbers: Understanding Risks and Benefits</i>. Learning How to Communicate Health Statistics Numeracy literacy is not only a problem for individuals receiving health information but also for those providing information that contain numbers.</p> <p>March Class: March 18, 2019 1-2 PM ET <i>Food for Thought</i>. This class is designed to assist librarians, public health workers, health professionals, and the general public in locating authoritative information on nutrition and topics relating to nutrition.</p> <p>April – Look for updated Health Literacy class</p> <p>Wisconsin Health Literacy presentation April 2-3, 2019 for the Wisconsin Health Literacy Summit "A sharper view through the lens of health literacy"</p> <p>Travel –ongoing Staten Island HL Coalition Training</p>	<p>Michelle</p>

<b>Wrap -up</b>	Open discussion, questions, comments	<p>Emily &amp; Olivia are enrolled in the * <a href="#">2019 Critical Appraisal Institute for Librarians</a> - This six week online program will develop librarian's critical appraisal skills via enhanced understanding of research design, biomedical statistics, and clinical reasoning to apply knowledge in teaching target populations. *MAR funded project</p> <p>Michelle shared info from member Jennifer Collins about HAP providing consumer info about new "chargemaster" rule. Also shared request for PA hospitals to submit innovative programs to 2019 HAP achievement awards. Members will be sent email with more details about these items</p> <p>Meeting ended at 2:55 PM</p>
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# Hospital Services Special Advisory Group Quarterly Meeting January 28, 2019

This project is funded by the National Library of Medicine, National Institutes of Health, Department of Health and Human Services, under Cooperative Agreement Number UG4LM012342 with the University of Pittsburgh, Health Sciences Library System.

# Agenda

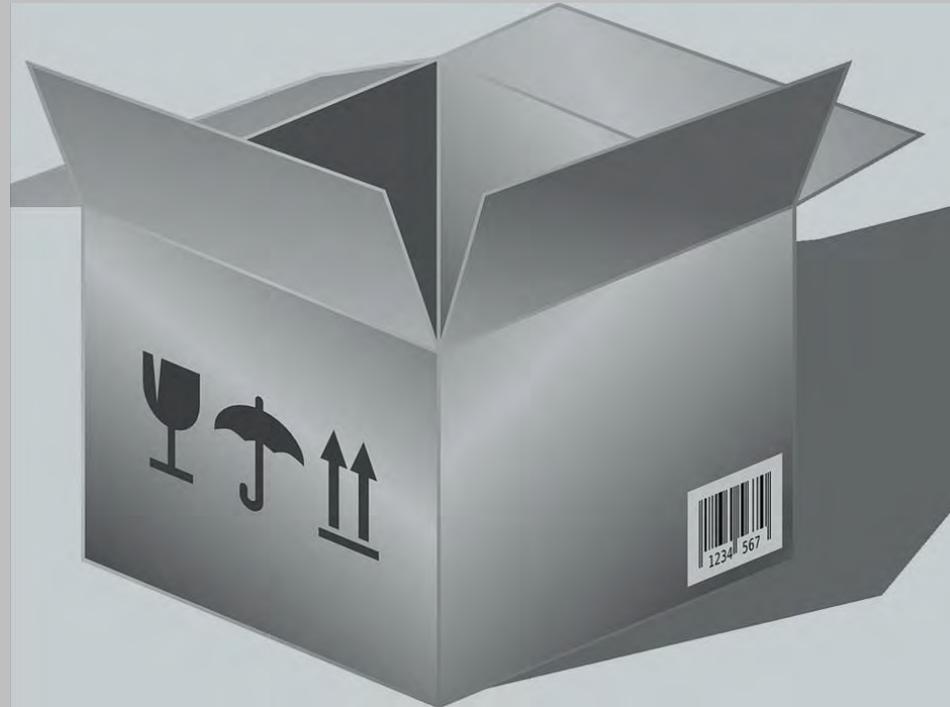
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- Welcome & introduce new member
- Introduce Erin – NNLM MAR coordinator
- Funding Info – Applications open Feb. 8
- Round Robin – Member Update: please share news about what you are doing, institution update, or professional development, outreach programs or anything else you want to share.
- Michelle MAR update

## INITIAL FEEDBACK: CLINICAL “PROGRAM IN A BOX”

We have received positive feedback regarding our existing programs in a box but these are primarily for public libraries and community based organizations.

NLM has several resources for use by clinicians, but we don't have a formal program for them (other than hour-long webinar)



# Health Outreach and Programming

[Home](#)[Planning and Evaluation Tools](#)[Creative Tools](#)[NIH and National Health Campaigns](#)[National Health Observances](#)[Health and Science Games](#)[Program Ideas & Guides](#)[Youth Drugs and Your Body Program](#)[Engage for Health](#)

## ENGAGE FOR HEALTH

### 'Engage for Health' Program Materials

All of the materials you need to offer the 'Engage for Health' program are freely available. The toolkit includes the presentation slides, speaker notes, role play exercise, pre-post evaluation form (and instructions to send MAR the completed forms), promotional poster and logo.

- [Engage for Health Presentation Slides](#) 
- [Engage for Health Speaker Notes for Presentation Slides](#) 
- [Engage for Health Role Play](#) 
- [Engage for Health Pre-Post Evaluation Instructions](#) 
- [Engage for Health Pre-Post Evaluation Form](#) 
- [Engage for Health Promotional Poster](#) 
- [Engage for Health Logo \(jpg\)](#)
- [Engage for Health Logo \(png\)](#)
- [Community Partner Invite Letter Template](#) 

### Reports and Presentations

### About Engage for Health

The Hospital & Healthsystem Association of Pennsylvania ([HAP](#)) and its Pennsylvania Hospital Engagement Network ([PA-HEN](#)) developed 'Engage for Health', a series of tools to conduct a community education program on taking an active role in your health care. In 2016 the Pennsylvania Library Association ([PaLA](#)) and the National Network of Libraries of Medicine, Middle Atlantic Region ([NNLM MAR](#)) partnered with HAP, the NNLM Evaluation Office ([NEO](#)) and the Agency for Healthcare Research and Quality ([AHRQ](#)) to update the program and pilot it in 16 libraries across PA.



The 'Engage for Health' program is now available for libraries, community and faith based agencies and health care providers to offer in their communities. If you are interested in offering this program, please feel free to use the materials located on this page and contact NNLM MAR for assistance.

We encourage you to offer this program, use the evaluation materials (and send them to us) as well as let us know about the success of your 'Engage for Health' program.

AHRQ published a case study on the 'Engage for Health' program and the pilot project in PA, read the entire [case study](#) here.

Here is a video of the 'Engage for Health' program that was hosted by the Hershey Public Library in Hershey, PA. This video was produced with funds from HAP.



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## DRUGS & YOUR BODY: MYTHS AND FACTS UNVEILED

### Reliable Resources



[Opiate Addiction and Treatment \(NLM-SIS\)](#)

[National Drug and Alcohol Facts Week](#)

[NIDA for Teens: Drug Use and the Brain](#)

[MedlinePlus](#) (NLM)

[Drugs & Your Body](#)  
(Scholastic and NIDA)

[Mind Over Matter](#) (NIDA)

[Heads Up: Real News About Drugs and Your Body](#)  
(Scholastic and NIDA)

[NNLM Evaluation Office](#)

## Drugs and Your Body: Myths and Facts Unveiled

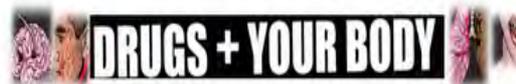
This is a Substance Use Awareness Program for Tweens/Teens. Drug abuse is a public health issue that has garnered much attention over the past few years. This program provides a way to increase awareness of how the use of different types of drugs affects the body.

The content from this session comes from the following agencies:

- National Institutes of Health, National Library of Medicine (NIH, NLM)
- National Institutes of Health, National Institute on Drug Abuse (NIH, NIDA)/ Scholastic

In addition to the Drugs and Your Body program materials, there are links to other reliable resources from reputable agencies. You will also find activity and discussion ideas that can be used with any program on substance use that you may offer.

If you decide to offer this program at your organization, please let NNLM MAR know. We'd love to hear from you. Feel free to email [nnlmmar@pitt.edu](mailto:nnlmmar@pitt.edu) and place Drugs and Your Body Program in the subject line.



## Drugs and Your Body Program Materials

All of the materials you need to offer the *Drugs and Your Body: Myth and Facts Unveiled* program are freely available. The toolkit includes the presentation slides, speaker notes, discussion activities and other ideas to enhance your program offering.

[Drugs and Your Body Presentation Slides](#)

[Drugs and Your Body Presentation Speaker Notes](#)

[National Drug IQ Challenge](#)  
(English)

[National Drug IQ Challenge](#)  
(Spanish)

[National Drug IQ Challenge Answer Key](#)  
(English/Spanish)

[Drug Facts vs Myth Worksheet](#)  
(English)

## INITIAL IDEA

- Sets of modules available for free on NNLM MAR's site that can be taught by clinicians to clinicians.
- **NLM resources:** PubMed (clinical queries/ topic specific queries), DailyMed, Pillbox, HealthReach, MedlinePlus, Clinical eCompanion
- **Skills:** Shared decision making, cultural competence/serving diverse populations, health literacy, etc.
- Keep them brief to be integrated into existing meetings and respect busy schedules
- Allow choice of preferred topics by clinical instructor
- **Pilot test:** hold formal focus groups with both clinicians & hospital librarians. If there is reason to move forward, gather group of clinicians willing to do 6 month pilot test with pre-post surveys of clinical staff knowledge and skill attainment.



# Finding Multilingual Patient Education Materials

HealthReach

Module 3 of NNLM MAR Clinical Program in a Box

# HealthReach

- ▶ Health education materials in various languages and formats
- ▶ Special collections on Emergency and Disaster, Women's Health and Mental Health



[HealthReach Homepage](https://healthreach.nlm.nih.gov/) (https://healthreach.nlm.nih.gov/)

# HealthReach -update screenshot

Home Patient Materials Provider Information A-Z Index

A A A

Search

Patient Materials  Provider Information  Search All



## Patient Materials

Find culturally relevant information in multiple languages and formats about health conditions and wellness topics



## Provider Information

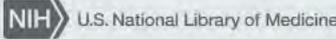
Discover resources, cultural backgrounders, clinical tools, and guidance about specific immigrant, refugee, and asylee populations



## A-Z Index

Browse the entire collection of patient education materials and provider information tools by topic or category

# Searching by Keyword in HealthReach

[Home](#) [Patient Materials](#) [Provider Information](#) [A-Z Index](#) A A A 

All Languages  All Formats  All Authors

1-10 of 25 results

10 per page

Title	Format	Translation Review	Medical Review	Languages
<b>Diabetes: Are You at Risk?</b>	Document	Community review	✓	English; Kreyol (Haitian Creole); Portuguese; Spanish
<b>Iraqi Health Outreach Project: Diabetes</b>	Document	Community review	✓	English; Arabic
<b>Diabetes</b>	Document	Company review	✓	English; Arabic; Chinese, Simplified (Mandarin dialect); Chinese, Traditional (Cantonese dialect); French; Hindi; Japanese; Korean; Nepali; Russian; Somali; Spanish; Ukrainian; Vietnamese
<b>Diabetes Can Harm Your Vision</b>	Document	Community review	✓	English; Kreyol (Haitian Creole); Portuguese; Spanish

# Patient resource about diabetes in Arabic and English

## Diabetes

Diabetes is a disease in which your body cannot properly use the food you eat for energy. Your cells need energy to live and grow.

When you eat, food breaks down into a form of energy called glucose. Glucose is another word for sugar. The glucose goes into your blood and your blood sugar rises. Insulin is a hormone made by your pancreas. It helps glucose move from your blood into your cells so your body can use it for energy. People cannot live without insulin.

There are three main types of diabetes.

- In Type 1 diabetes, the pancreas makes no insulin.
- In Type 2 diabetes, the pancreas does not make enough insulin or your body is not able to use the insulin the pancreas makes.
- In gestational diabetes during pregnancy, the mother is not able to make enough insulin to cover the needs of both mother and baby.

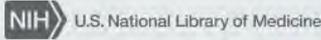
داء السكري هو مرض يؤدي إلى عدم قدرة الجسم على الاستفادة من الطعام الذي يتناوله الإنسان في توليد الطاقة المناسبة، فخلايا الجسم تحتاج للطاقة أي تعيش وتنمو.

عندما يأكل الإنسان فإن الطعام يتحلل إلى شكل من أشكال الطاقة يعرف بالجلوكوز. وكلمة جلوكوز هي المرادف لكلمة سكر. وينتشر الجلوكوز في الدم فترتفع نسبة السكر في الدم. وهنا يأتي دور الأنسولين، وهو هرمون يفرزه البنكرياس. فالأنسولين يساعد الجلوكوز على الانتقال من الدم إلى الخلايا حتى يستطيع الجسم استخدامه في توليد الطاقة. ولذا فإن الإنسان لا يستطيع أن يعيش بدون الأنسولين.

وهناك ثلاثة أنواع رئيسية لداء السكري.

- في النوع الأول لا يقوم البنكرياس بإفراز الأنسولين.
- في النوع الثاني لا يقوم البنكرياس بإفراز ما يكفي من الأنسولين، أو لا يتمكن الجسم استخدام الأنسولين الذي يفرزه البنكرياس.
- أما في سكر الحمل فلا يتمكن جسم الأم من إفراز ما يكفي من الأنسولين لتلبية احتياجاتها واحتياجات الجنين أيضًا.

# Searching by Language in HealthReach



Home   Provider Info   A-Z Index   Data Viz

A A A 

## Search for Patient Education Materials

Find multilingual, multicultural health information and patient education materials about health conditions and wellness topics. Learn about diseases, causes, symptoms, treatment, and prevention. Materials may be available as printable documents, audio, and video.

Chuukese ▾   All Formats ▾   All Authors ▾

### Featured Resources

#### Opioid Misuse and

In response to the current epidemic, the National Library of Medicine partnered with [Healthy Roads Media](#) to produce a collection of materials that teach people about opioid use.

#### Opioids

- 1. Basics

- Chuukese ▾
- Farsi
- French
- German
- Gujarati
- Haitian Creole
- Hakha Chin
- Hindi
- Spanish



es **NEW**

nal Library of Medicine partnered with [Healthy Roads Media](#) to produce a collection of materials that the collection has 22 easy-to-read handouts, videos, and audio recordings in English and Spanish.



# Special Collections in HealthReach

## Opioid Misuse and Addiction Resources **NEW**

In response to the current opioid crisis, the National Library of Medicine partnered with [Healthy Roads Media](#) to produce a collection of materials that teach people about opioids and opioid misuse. The collection has 22 easy-to-read, English-language handouts, videos, and audio recordings.

### Opioids

- [Basics](#)
- [Pain](#)
- [Prescription opioid medicines](#)
- [Opioid pain medication management](#)
- [What you should know if your child is prescribed opioids for pain](#)
- [Getting rid of unused opioids](#)

### Opioid addiction

- [What is drug addiction?](#)
- [Why do people take drugs?](#)
- [Opioids and the brain](#)
- [Why do some people become addicted to drugs, while others do not?](#)
- [The effects of opioid misuse on the body](#)
- [Fentanyl](#)
- [Heroin](#)
- [Prescription opioids and illegal opioids – What is the connection?](#)
- [Comorbidity or dual diagnosis](#)
- [Pregnancy and opioids](#)
- [Drug abuse and adolescents](#)
- [Stigma and opioids](#)

### Opioid treatment

- [Treatment basics](#)
- [Medications and behavioral therapies](#)
- [Drug abuse treatment as part of healthcare](#)
- [Preventing overdoses and overdose deaths](#)

In 2018, these materials will be culturally reviewed and translated into additional languages.

## Take Home Message:

- ▶ HealthReach can help you locate patient education materials for those who prefer to read health information in a language other than English.

## Consider:

- ▶ Look in HealthReach ahead of time for languages or topics that your patients frequently need so you can quickly find them when you need them.

## FEEDBACK?

Do you think clinicians you work with would find value in these modules?

Would other methods of delivery be preferred? (e-mailed, on demand videos, etc.?)

Do you think clinicians you know would be interested in pilot testing (if we move forward)?



# NNLM MAR Funding

## Funding Preview Document

- Requests for Proposals will be announced for the following:
- **Health Information Outreach Project:** Education and outreach projects that improve access to biomedical and health information and increase the ability of the public and health professionals to use these resources.
- **NNLM *All of Us* Community Engagement Award:** Projects to support public libraries and organizations who develop programming for public libraries that involve information and education about the NIH *All of Us* Research program and health information literacy.
- **Health Sciences Library Project:** Projects that support health sciences librarians as conduits of information management, access, and delivery within their institution and/or outreach community.
- **Professional Development Award:** Awards to assist individuals working in MAR Network member organizations to enhance their ability to use NLM resources or keep current on topics related to NIH initiatives.
- Most awards are up to \$20,000. Professional Development awards are up to \$2,500.

# Funding Webinars

- Applying for *All of Us* Funding – Health Programs for Public Libraries – February 19, 2:00-3:00 PM ET – This webinar will include a presentation of background information about the NNLM partnership with the *All of Us* Research Program, information about the NNLM *All of Us* Community Engagement Network, insight about what types of library projects qualify for NNLM MAR *All of Us* funding, and opportunities for continued involvement.
- Grants and Proposal Writing – February 27, 2:00-3:30 PM ET – Designed for beginning grant proposal writers, this class presents a general overview of the grant and funding processes as well as the level of detail required in a successful proposal. Each component of the grant writing process will be addressed, including the specific requirements for NNLM MAR funding. Note: attendance is restricted to individuals in the MAR region (DE/NJ/NY/PA).
- Health Statistics on the Web – February 28, 12:00-1:00 PM ET – This hands-on course focuses on the location, selection, and effective use of statistics relevant to health on the local, state, national, and international levels. This course may be useful in gathering data related to target populations for your proposed project.
- Activate, Collaborate and Educate: Health Outreach and Programming in Your Community – March 19, 3:00-4:00 PM ET – This course will provide an overview of ideas to conduct health outreach and create health programs for libraries and community/faith based organizations. Participants will learn how to integrate resources from the National Library of Medicine (NLM) and other reputable agencies to introduce community members to NLM resources in fun and engaging ways.

# What's New With You?



# MAR Update/Michelle

- **February Class** Feb 20, 2019 12:30PM - 2:00 PM ET **Making Sense of Numbers: Understanding Risks and Benefits**. Learning How to Communicate Health Statistics Numeracy literacy is not only a problem for individuals receiving health information but also for those providing information that contain numbers.
- **March Class** : March 18, 2019 1-2 PM ET **Food for Thought**. This class is designed to assist librarians, public health workers, health professionals, and the general public in locating authoritative information on nutrition and topics relating to nutrition.
- **April** – Look for ***updated Health Literacy*** class
  - **Wisconsin Health Literacy presentation** April 2-3, 2019 for the Wisconsin Health Literacy Summit "A sharper view through the lens of health literacy"
- **Travel** –ongoing Staten Island HL Coalition Training



# THANK YOU

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**1/28/2019**

