



Health and Wellness at the Library: Resources, Programming, and More

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Network of the National Library of Medicine, Middle Atlantic Region (NNLM MAR)

Virtual Health Programming in Public Libraries Award

- [Applications due Monday 11/16 at Noon](#) for projects to be completed by April 30, 2020.

Health Programming, Training, & Additional Resources

- [Join the Network](#)
- Or [Subscribe to Weekly Postings](#)
- [NNLM Resources for Public Libraries](#)
- [NNLM Summer Reading Initiative](#)
- [NNLM All of Us Community Engagement Network](#)
- [Consumer Health Information Specialization](#)
- [NNLM Training Schedule](#)
 - [Libraries Build Healthy Communities: Going Virtual @ Brooklyn Public Library](#) 11/10
 - [Correction of Health Misinformation on Social Media](#) Recording
 - [DNA to Z: Direct-to-Consumer Genetic Testing](#) 11/20
 - [Food for Thought: Exploring Nutrition Information Resources](#) 12/17
 - [Caring for the Mind: Providing Mental Health Information at your Library](#)
 - [Activate, Collaborate, and Educate: Health Outreach and Programming in Your Community](#)

Health Information Resources

- COVID-19 is an emerging, rapidly evolving situation.
 - Get the latest public health information from CDC: [coronavirus.gov](https://www.cdc.gov/coronavirus)
 - Get the latest research information from NIH: [nih.gov/coronavirus](https://www.nih.gov/coronavirus)
- [MedlinePlus](#) Consumer Health Information from the National Library of Medicine
- [MedlinePlus - Spanish](#) medlineplus.gov/Spanish
- [ClinicalTrials.gov](#) is a database of privately and publicly funded clinical studies conducted around the world.
- [PubMed](#) comprises more than 30 million citations for biomedical literature from MEDLINE, life science journals, and online books.

Health Programming Resources

- [NNLM Reading Club \(some graphic medicine titles\)](#) Health topic book club resources
- [NLM Exhibition Program](#)
 - [NLM Exhibition: Graphic Medicine](#)
 - [Education Resources/Lesson Plans](#)

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- [Request a Travelling Exhibition](#)
- [Join Exhibitions Connect List](#)
- [Graphic Medicine Initiative](#)
- graphicmedicine.org
- [National Institute on Aging and NIH Go4Life](#)
- [Let's Move in Libraries](#)
- [ALA's Programming Librarian](#)
- [Library - Tune in for Storytime Success](#)
- [National Library of Medicine & Citizen Science Month](#)
 - Featured projects, Library and Community Guide to Citizen Science, and more
 - n.nlm.gov/national/guides/crowdsourcing-and-citizen-science/citizen-science-month
- [SciStarter: Science We Can Do Together](#) scistarter.org/nlm

Disaster and Emergency Resources

- [Disaster Distress Helpline/SAMHSA](#)
- Ready.gov
- [In Case of Emergencies: Continuity of Operations \(COOP\) Planning](#) National Library of Medicine
- [Librarian's Disaster Planning and Community Resiliency Guidebook and Workbook](#) NJ State Library
- [Northeast Document Conservation Center](#) 24/7 Collections Emergency Hotline
- COOP [Example](#) & [Template](#)

n.nlm.gov/Z7s