

## What is Graphic Medicine?

Graphic medicine is the term used to describe the combination of the graphic novel medium with health information.

Many authors and illustrators use graphic medicine as a way to tell personal stories of illness and health in the comic format.

This combined language of words and pictures gives approachability and emotional impact to these personal stories. The author's internal, individual viewpoint balances the external, clinical realm of medical symptoms and diagnoses. Additionally, for other people who share that health issue, it's a way to feel seen and to share information.

## What is in a Nevins Library Graphic Medicine Kit?

Our kits combine 2-4 graphic novels, appropriate for adults and mature teens, on a mental or physical health topic with consumer health materials from trustworthy organizations.

## How long can I borrow a Graphic Medicine Kit for?

These kits can be checked out for 3 weeks (like our books) and may be renewed for an additional 3 weeks. Please return both the bag and graphic novels. However, the informational materials, printouts, and wallet cards from the kit are yours to keep!

## Current Kit Topics:

- ADDICTION
- ANXIETY
- BIPOLAR DISORDER
- DEMENTIA
- DEPRESSION
- EATING DISORDERS
- TRAUMA



[www.nevinslibrary.org/services/graphic-medicine](http://www.nevinslibrary.org/services/graphic-medicine)