

## Learn About Your Health

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MedlinePlus helps you find health information you can trust. Learn about diseases, treatments, drugs, research, and other important health issues. See easy-to-understand videos, and read about health in your native language.

## Information Wherever You Are

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MedlinePlus is now available for mobile devices at [m.medlineplus.gov](http://m.medlineplus.gov). Check it out!

## Use What You Learn

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Everyone can use good health information. With MedlinePlus, you can:

- Help a friend or family member make a health decision
- Learn more about treatment options
- Know what questions to ask your doctor
- Find doctors, dentists, and hospitals
- Learn about ways to prevent illness and stay healthy!

## Get health news on Twitter!

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<http://twitter.com/MedlinePlus4You>

## Need Help?

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Librarians can help you find the health information you need so you know the right questions to ask your doctor and make good decisions. Visit your local public library, call the NN/LM office toll-free at **800-338-7657** or visit the web site at <http://nnlm.gov>.

## About MedlinePlus

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MedlinePlus is a web site that offers free, high quality health information in **English**, **Spanish**, and more than 45 other languages. Trained professionals choose materials that are current, accurate, and reliable.

MedlinePlus was created for consumers by the National Library of Medicine.



This brochure was developed by NN/LM staff; it may be freely reproduced from the Internet at:

<http://nnlm.gov/training/resources/mptri.pdf>

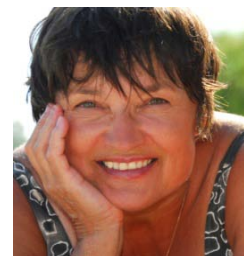
Updated: July 2010



<http://medlineplus.gov>

## Have you or a family member ever been in a situation like this?

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Maria's doctor told her she has diabetes. She wants to find out more about the medications to help her manage her disease.

Julian hurt his knee while mountain biking. He wants to know more about knee injuries and what questions to ask his doctor about different treatments.



Clara has to do a school assignment about the causes of asthma and how to treat it.

# What You Can Find

## Health Topics

Get information about diseases, health conditions, and staying well.

- Find out about diseases and treatments.
- Learn about clinical studies that you can join to help find a cure.
- Find health information in more than 45 languages on many health topics.
- Find information specifically for you!

## Drugs and Supplements

Find out about your prescription, over-the-counter medicines, herbs, and supplements.

- Learn how to take a drug and what it does to your body.
- Find out about the side effects of a drug.
- Find information about safety and effectiveness of herbs and supplements.

## Videos & Cool Tools

Learn about health with these fun tools!

- Watch interactive tutorials on health topics, plus anatomy and surgery videos
- Check your health by using the calculators, quizzes and games.

### Important!

Be sure to talk to your doctor or nurse if you have questions about your health!

# MedlinePlus Homepage: <http://medlineplus.gov>

The screenshot shows the MedlinePlus homepage with the following elements:

- Header:** MedlinePlus logo with the tagline "Trusted Health Information for You". To the right, it says "A service of the U.S. National Library of Medicine NIH National Institutes of Health".
- Navigation:** Links for "About MedlinePlus", "Site Map", "FAQs", "Contact Us", and "ESPAÑOL". A search bar with "Search MedlinePlus" and a "GO" button is also present.
- Main Content Area:**
  - Stay Healthy at Any Age:** A featured article with a photo of a man and a child fishing. Text: "Learn how to keep yourself and your family healthy. Visit the MedlinePlus [Healthy Living](#) page for diet, exercise and prevention tips for people of all ages."
  - Navigation Buttons:** Three green buttons: "→ Health Topics", "→ Drugs & Supplements", and "→ Videos & Cool Tools".
- Left Column:**
  - MEDICAL DICTIONARY:** Includes the Merriam-Webster logo and a search box with a "GO" button.
  - POPULAR SEARCHES:** A list of terms including amlodipine, asthma, cellulitis, depression, diabetes, fibromyalgia, gerd, gout, hypertension, lisinopril, lupus, metoprolol, mrsa, and shingles. Includes "Share this widget" and "See more" buttons.
  - FEATURED SITE:** A box with a photo of yellow flowers and text: "Seasonal allergies getting you down? The MedlinePlus [Allergy](#) page has lots of great tips."
- Right Column:**
  - About Your Health:** A section with tabs for "General", "Seniors", "Men", "Women", and "Children". Below are links for "Back Pain", "COPD (Chronic Obstructive Pulmonary Disease)", "Depression", "Diabetes", "Exercise and Physical Fitness", "Heart Diseases", "High Blood Pressure", "Pregnancy", "Skin Conditions", and "Weight Control".
  - NIHSeniorHealth Clinical Trials:** A section with a photo of an elderly couple and text: "Visit [NIHSeniorHealth.gov](#) - Easy-to-Use Health and Wellness Information for Older Adults →".
  - Health News:** A section with a calendar icon showing "02 JUL" and the title "Health News". It lists articles like "40-Year-Old Gout Drug Shows Promise Against Angina", "Female Caregivers Face A Heavier Toll: Study", and "Many Americans Sleep-Deprived: Study". Includes a "more health news" link.
  - Email Updates:** A section with the text "Get updates on your favorite Health Topics." and a form to "Enter email address" with a "GO" button.
  - Buttons:** "MAGAZINE", "EASY TO READ", and "MULTIPLE LANGUAGES" buttons.