



<http://www.nativeconnections.org>

First People, Lasting Health:

Online Resources for Native-American Health Information

Agenda

- Introduction to NLM and NN/LM
- Health Disparities & Native-American Health Issues
- Evaluating Online Health Information
- MedlinePlus & Other Reliable Websites
- Before You Begin: Outreach Resources
- Native American Exhibits from NLM
- Questions?

The National Library of Medicine (NLM)



The World's Largest Medical Library

Part of the National Institutes of Health

Creator of PubMed.gov, MedlinePlus.gov and many other useful health information resources!

<http://www.nlm.nih.gov>

National Network of Libraries of Medicine (NN/LM)

The NN/LM's goal is to enhance access to quality health information and enable people to make informed decisions about their health.



WE OFFER:

Free Training - For a list of classes see our website:
<http://nnlm.gov/sea/training>

Funding - For projects to promote health information in your community:
<http://nnlm.gov/sea/funding>

Join the network or find local resources by calling us at 1-800-338-7657

Definition of Health Disparities

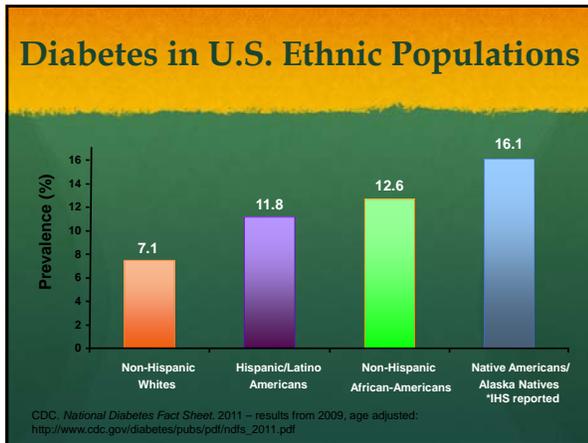
- "Population-specific differences in the presence of disease, health outcomes, or access to health care."
~ Health Resources and Services Administration (HRSA, DHHS)

- More information on Health Disparities:
www.unnaturalcauses.org
<http://www.cdc.gov/omhd/Highlights/Highlight.htm#DISPARITIES0>

Contributing Factors

- **Socioeconomic Status**
Education, employment, income
- **Lifestyle Behavior**
Physical activity and alcohol intake
- **Social Environment**
Educational and economic opportunities, racial/ethnic discrimination, neighborhood and work conditions
- **Access to Preventive Care**
Cancer Screening and vaccination

<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5401a1.htm>



- ### Major Health Issues Among Native Americans
- Heart disease
 - Cancer
 - Diabetes
 - Chronic liver disease and Cirrhosis
 - Chronic lower respiratory disease
 - Stroke
 - Suicide (mental health)
 - Kidney disease (nephritis, nephrosis, NS)
 - Influenza and Pneumonia

ABCs of Evaluation

- Accuracy
- Authority
- Bias
- Currency
- Coverage

Health Information Everywhere!

How does MedlinePlus differ from commercial health sites and popular search engines?

MedlinePlus.gov

- Over 800 health topics In English/Spanish
- Drug and herbal supplement information
- Videos
- Health Check tools
- Easy to Read Page
- Magazine
- Multiple Languages
- Medical Dictionary & Encyclopedia
- Health News

Native American Health

Every racial or ethnic group has specific health concerns. Differences in the health of groups can result from:

- Genetics
- Environmental factors
- Access to care
- Cultural factors

On this page, you'll find links to health issues that affect Native Americans. [\(Read more\)](#)

Results 1 - 10 of 883 for **native american health**

- Native American Health** (National Library of Medicine)
Every racial or ethnic group has specific health concerns. Differences in the health of groups can result from: Genetics Environmental factors Access to care
www.nlm.nih.gov/medlineplus/assessments/americanhealth.html - Health Topics
- American Indian Health** (National Library of Medicine)
HEALTH TOPICS Cancer Diabetes Flu and H1N1 (Influenza) Heart Diseases More Health Topics PEOPLE AND TRADITIONS Tribal Information Traditional Healing Other Indigenous
americanindianhealth.nlm.nih.gov/ - External Health Links
- Find an Indian Health Service Facility** (Indian Health Services)
Healthcare addresses/locations: (street name/City address/zip code) - zip code
Sacramento Native American Health Center 90200 J Street/Sacramento, CA 95833/California

Native-American Health
Also called: American Indian health

Every racial or ethnic group has specific health concerns. Differences in the health of groups can result from:

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- Access to care
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On this page, you'll find links to health issues that affect Native-Americans.

Get Native American Health updates by email:

Start Here

- [American Indian Health](#) [NIH](#) (National Library of Medicine)

Basics	Learn More	Multimedia & Cool Tools
<ul style="list-style-type: none"> Overview Latest News Prevention/Screening 	<ul style="list-style-type: none"> Specific Conditions 	<ul style="list-style-type: none"> Videos
Research	Reference Shelf	For You
<ul style="list-style-type: none"> Financial Issues Clinical Trials Research Journal Articles 	<ul style="list-style-type: none"> Directories Organizations Statistics 	<ul style="list-style-type: none"> Children Women

Related Topics

[Population Groups](#)

National Institutes of Health

The primary NIH organization for research on Native-American Health is the [National Center on Minority Health and Health Disparities](#).

Languages

[Náátsií Dineé \(Navaho\)](#)
[Seséni \(Spanish\)](#)

More Reliable Websites

http://www

AMERICAN INDIAN HEALTH
An information portal to issues affecting the health and well-being of American Indians

<http://americanindianhealth.nlm.nih.gov>

HEALTH TOPICS | PEOPLE & TRADITIONS | PROGRAMS & SERVICES | RESEARCH & DATA

<p>HEALTH TOPICS</p> <ul style="list-style-type: none"> • Cancer • Diabetes • Flu and H1N1 (influenza) • Heart Diseases • More Health Topics 	<p>PEOPLE AND TRADITIONS</p> <ul style="list-style-type: none"> • Tribal Information • Traditional Healing • Other Indigenous Peoples
<p>PROGRAMS AND SERVICES</p> <ul style="list-style-type: none"> • Healthcare Access • Organizations and Links • NLM Programs 	<p>RESEARCH AND DATA</p> <ul style="list-style-type: none"> • Statistics • References

Highlights

- Pictures from NLM database training by EHRP member Jane Collette in Sitopock, New Mexico.

<http://nativechefs.com/>

Native American Recipes

Recipes and information on Native American food. This is the food and recipes of food eaten preinvasion upto and including current popular Native American food.

About Me
 **NAME:** SIKSIKABOY **LOCATION:** MONTANA, UNITED STATES
[View my complete profile](#)

Recent posts

Acorns: A Major North American Native Food
 Food on the Reservation
 There is Native
 What Some Native Chefs Are Cooking
 Lets Squash It
 Native Meat Dry Run
 Native Cooking in 21st Century
 It's Fry Bread You Dummy

THURSDAY, JULY 07, 2011

Acorns: A Major North American Native Food

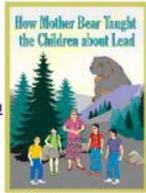


Native American Cuisine Information Folders
 Native American Chefs
 Native American Cuisine

<http://kids.niehs.nih.gov/bear/>



Enter
 "How Mother Bear Taught the Children about Lead"



(see Credits)

Or you may download the Mother Bear Books and Teacher's Guide in "pdf" formats by using your "save as" option for the following links:

- [Full Version](#)
- [Cover and Introductions](#)
- [Spring](#)
- [Summer](#)
- [Fall](#)
- [Winter](#)
- [Conclusion](#)
- [Credits](#)
- [Game Graphic \(full\)](#)
- [Answer Key](#)
- [Teachers Guide](#)

Before You Begin...



Community Outreach Resources

Public Libraries and Community Partners: Working together to provide health information - <http://nnlm.gov/outreach/community>

Environmental Health Information Outreach to Native Americans from SIS Office of Outreach to Special Populations - http://sis.nlm.nih.gov/pdf/APHA05_AmrcnIndnPstrREV.pdf

Community Tool Box - <http://ctb.ku.edu>

Healthy People Library Project - <http://www.healthlit.org/index.htm>

Thrive - <http://www.preventioninstitute.org/thrive/index.php>

http://www.500nations.com/500_Powwows.asp

<http://native.outreachconnect.info/wiki/>







Dr. Sharon M. Malotte

Dr. Sharon Malotte is the first indigenous Nevadan to become a doctor.

"I came from a background of alcohol abuse in my family, my father abused alcohol, and this led to my parents divorce. This made me, in the 1950s and 1960s, being from one of the first ever single-parent households. Seeing that my mother could accomplish what she did, made me realize I could do anything if I wanted it bad enough."



Dr. Sara K. Dye

Pursuing her goal of reducing the number of diabetes-related amputations for American Indian populations, Dr. Sara Dye directed the first non-invasive vascular laboratory for the Indian Health Service.

"I longed to get a college education and make life better for those around me."



A VOYAGE TO HEALTH

A Voyage To Health explores the resurgence of Native Hawaiian culture to heal the soul of the community focusing on Kaho'olawe, traditional voyaging. The exhibition touches on the history of voyaging, Kaho'olawe and the Hawaiian Movement, and the legacy and revival of the voyaging tradition.

Exhibition Specifications – Banner

Category	Specifications
Contents:	Six banners and structure, Each banner 7 ft. H x 3 ft. W
Size:	500-700 sq. ft.
Packing:	Exhibition is packed in two plastic wheeled graphics tubes, 46 in. H x 19 in. W
Shipping:	Incoming - cost estimate \$200-\$500
Booking Period:	6 Weeks



