HIV Related Anonymous SEX v.s. Sex within relationships: IS THERE A DIFFERENCE?

- We can't say enough to ANYONE about AIDS prevention!!
- Is funding reaching the right groups?
- What is the context of SEX?

IN THE EARLY 80s
gay men
IV drug users
Sex workers

Condom use
Reduce sexual partners
Reduce drug use

Heterosexual relationships of 4 years or more have no RISK

IN THE 1990s
Rates of married women rose
male/female transmission 12x that of female > male

THERE IS CONTEXT TO SEX
- TABOO
- SECRECY
- RISK-TAKING
- UNKNOWN
- IMMEDIATE GRATIFICATION w/o INTERPERSONAL
- COMPULSIVE

The sexual model has been based on ANONYMOUS SEXUAL CONTACT

99% of interventions involve individuals

Who are you having sex with?

IT'S INTERACTIVE!!

We rarely ask:
- IF THERE WAS CHILD SEXUAL ABUSE
- If they identify as heterosexual, if there are same sex relations also

multiple partners
non condom use

Look at behavior first
RISK REDUCTION
HARM REDUCTION

You need to know
WHO ARE YOU?
WHO DO YOU DO?

How do you live with the reality that sex (and love) can cause death?

Challenge yourselves to get out of the BOX
- ask new questions
- think differently
- look through new eyes!!

BE CHALLENGING!!

SEX in relationships
- Outside Relationships
- CONNECTEDNESS
- GENDER
  - To keep partner
  - Prove love
  - Have children
  - Why they have sex
- Prove LOVE and TRUST
- "The" OROFICE
- EXTERNALIZED CONTROL "Blame"
  - Plan for it
  - Take responsibility for it
- NOT SOCIALIZED TO COMMUNICATE VERBALLY about SEX
  - We need to learn/teach these skills
- POWER IMBALANCE
  - Who makes decisions about condom use?
- Religious/Cultural CONSTRAINTS
  - skin to skin
  - sex for reproduction
  - body fluid exchange
  - Non-condom use
  - Dislike of masturbation

GROUP SEX
S+M Experiences often are knowledgeable

Gail Wyatt

We need to let people BE who they need to BE

The internet is a great opportunity for people to get info anonymously but it is not used in proactive ways

ADVOCATES

How do we get information into where people go?
CHURCH
SCHOOL
SPORTS
EVERYWHERE!!

Normalize sex education

EXPECTATIONS

HISTORY

CULTURAL CONTEXTS

by Gail Wyatt PhD and Lewis Wyatt MD

No More Clueless SEX:
10 Sexual Secrets that Work for BOTH of YOU.